

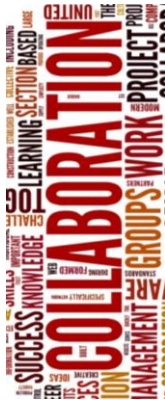
SEX, DRUGS, & ROCK-N-ROLL

AN ANALYSIS OF THE 2015 MONO COUNTY SDRR SURVEY

MONO COUNTY HEALTH DEPARTMENT
AUGUST 12, 2015

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The SDRR Collaborative



- The SDRR Collaborative was established in 2009 to address high risk adolescent behaviors such as unprotected sex, drinking, and drug use.
- Partners in this collaborative include Public Health, Behavioral Health, Social Services, Probation, District Attorney's Office, Sheriff's Office, Mammoth Hospital, Town of Mammoth Lakes, Mammoth Unified School District, Mono County Office of Education, Eastern Sierra Unified School District, Wild Iris, and Mammoth Mountain.
- Due to a rise in STD rates for local teens in 2014, and lack of local data related to adolescent sexual health, collaborative partners developed the SDRR survey to assess what drives high risk behavior locally.

The SDRR Survey



- The survey is an online assessment for local youth ages 12-18, and accessed via SurveyMonkey.
- Questions for the survey were derived from other standardized youth questionnaires including the California Healthy Kids Survey, Youth Risk Behavior Survey, Montana Meth Project, and the Medi-Cal Staying Healthy Assessment.
- The survey was reviewed and edited by SDRR Collaborative members, young adults in Mammoth Lakes, and the UC Davis Center for Evaluation and Research.
- Survey results will help guide the SDRR Collaborative in development and implementation of effective programs to address local concerns including unprotected sex, drinking, and drug use.

Survey Administration

- Parental consent was obtained for all youth willing to participate in the survey.
- The survey was piloted with two separate groups of teens in Mammoth Lakes on March 10 and 24, 2015.
- During these pilot sessions, teens provided feedback on question design and language, survey length, integration of resource information, and question sensitivity (whether most teens would answer or answer honestly).
- The updated version of the survey was administered at Coleville High School on April 22, 2015 and at Lee Vining High School on May 6, 2015 in conjunction with a presentation on consent laws and sexting.



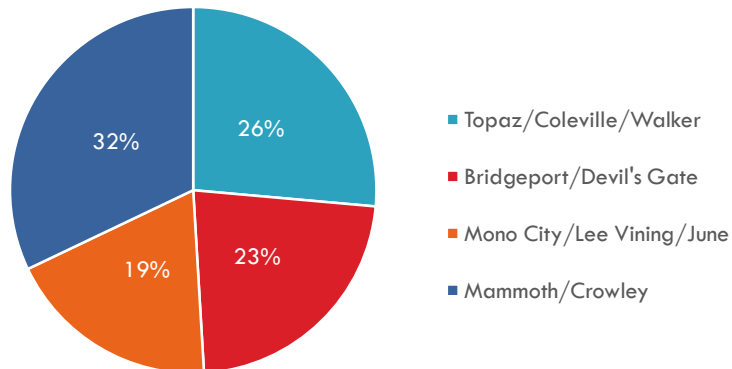
The Data



- A total of 53 teens in Mono County completed one of three versions of the SDRR Survey (Pilot 1, Pilot 2, ESUSD).
- Data for all 53 teens was combined when possible, but some data are only available for students who completed the ESUSD version of the survey.
- Data was analyzed using SurveyMonkey and SPSS software.
- As this was a convenience sample of students rather than a randomized sample, the data will show target areas for intervention, but will not be a statistically accurate picture of local high risk behavior.

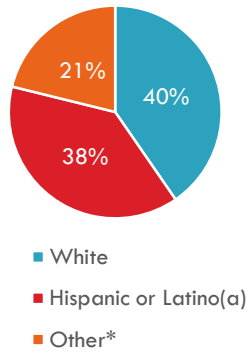
Demographics

Residency of Survey Participants



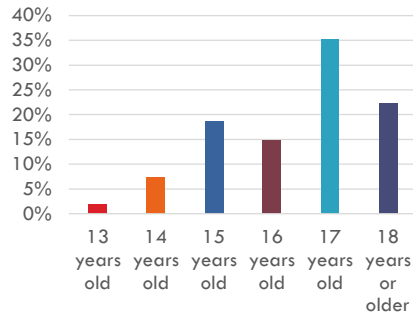
Demographics

Self-Identified Race/Ethnicity



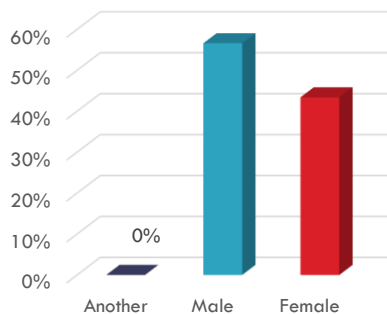
* Other includes American Indian or Alaskan Native, Black or African American, Asian, or multiple races/ethnicities

Age

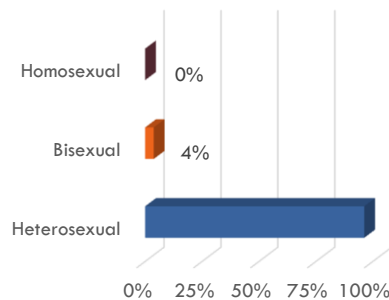


Demographics

Self-Identified Gender



Self-Identified Sexual Orientation

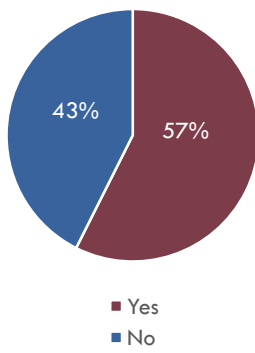




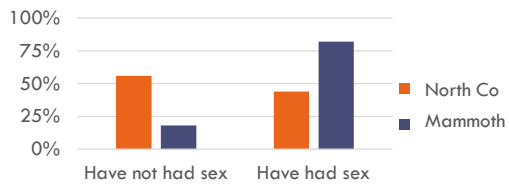
SEX, Drugs, & Rock-n-Roll

Sexual Activity

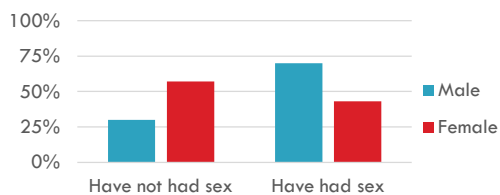
Have you had vaginal, oral, or anal sex?



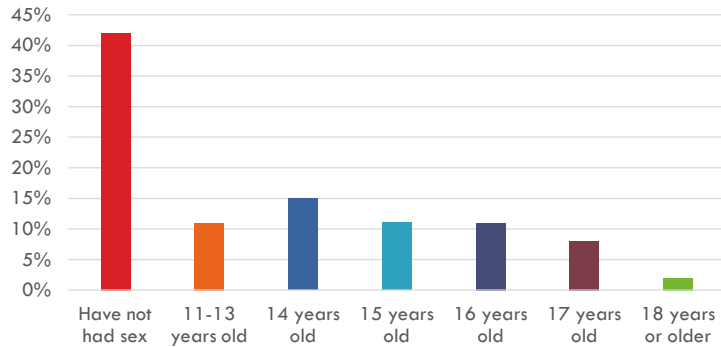
Sexual Activity by Region



Sexual Activity by Gender



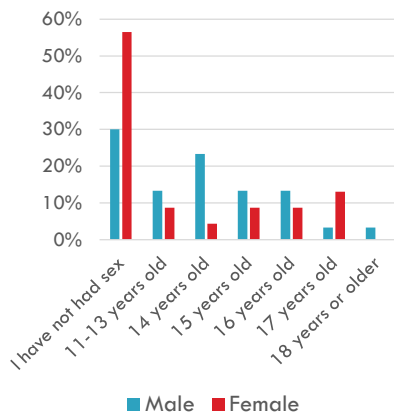
Age of First Sex (Oral, Vaginal, or Anal)



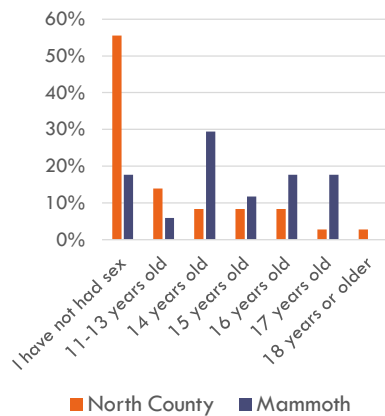
Mean age of first sex among those sexually active = 14.74

Age of First Sex (Oral, Vaginal, or Anal)

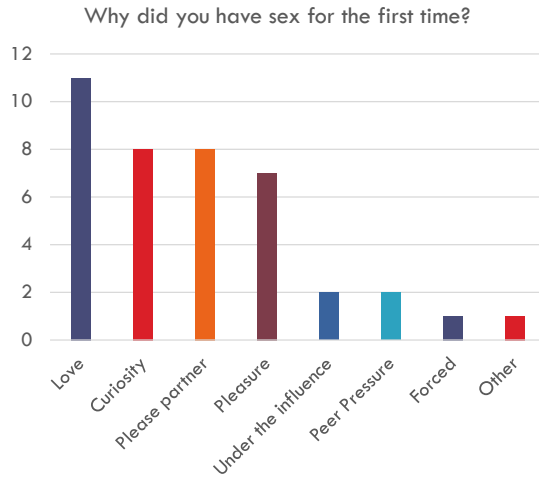
By Gender



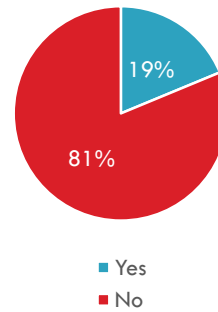
By Region



First Sex (Oral, Vaginal, or Anal)

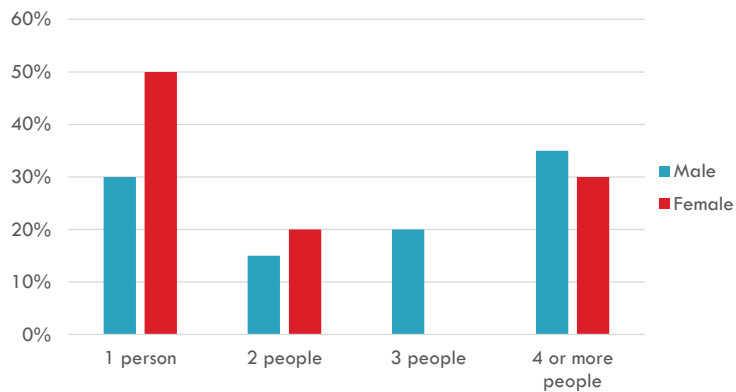


Have you ever been forced or pressured to have sex when you didn't want to?*



*Among those having sex

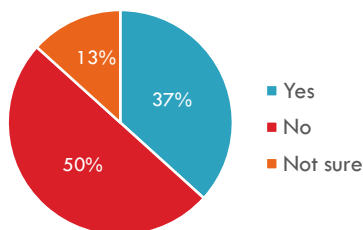
Number of Partners



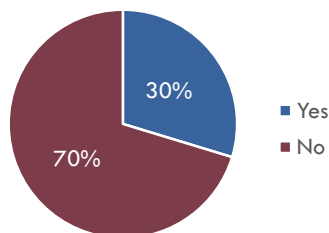
Mean number of partners among those sexually active = 2.67

STDs & Testing

Have you or your partners ever been tested for STDs?*



Did you know that sexually active teens should be tested annually for STDs?

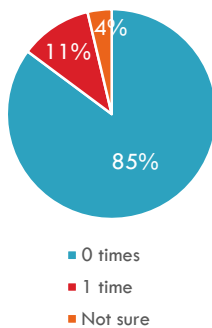


*3% of respondents reported being diagnosed with an STD

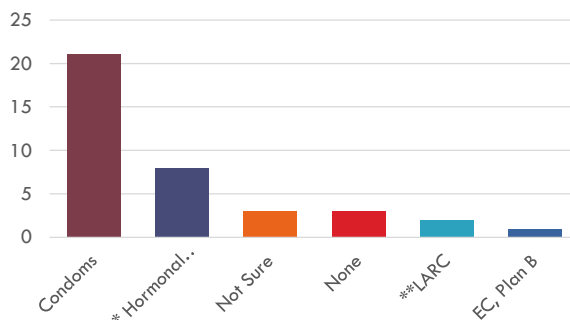
Pregnancy & Contraceptives



How many times have you been pregnant or gotten someone pregnant?



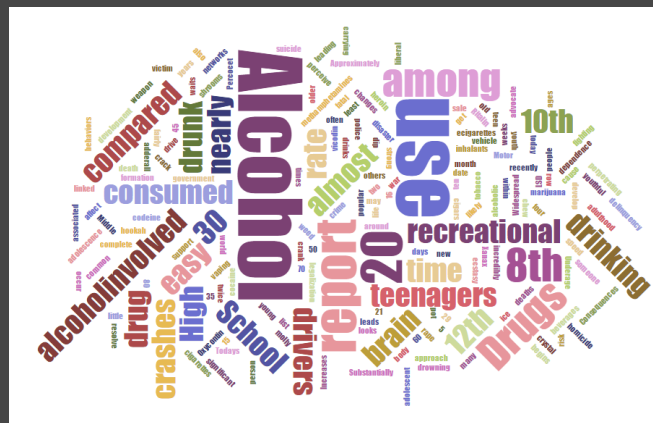
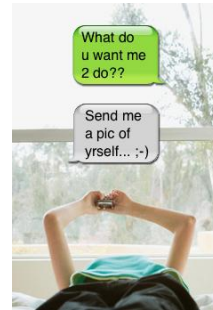
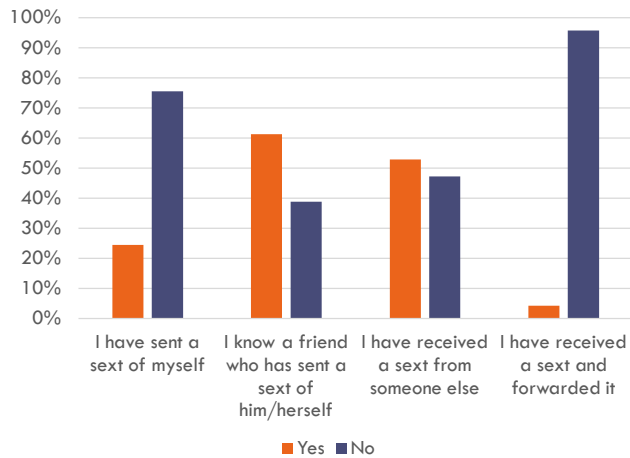
The last time you had vaginal sex, what birth control methods did you or your partner use to prevent pregnancy?



*Includes the pill, shot, ring, patch

**Long Acting Reversible Contraceptives (IUD, Implant)

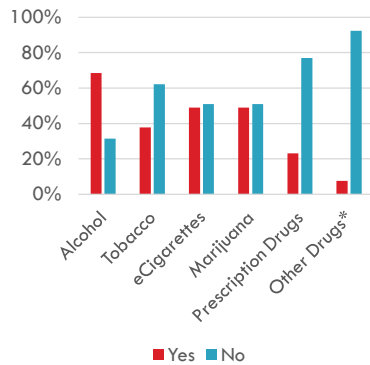
Sexting



SEX, Drugs, & Rock-n-Roll

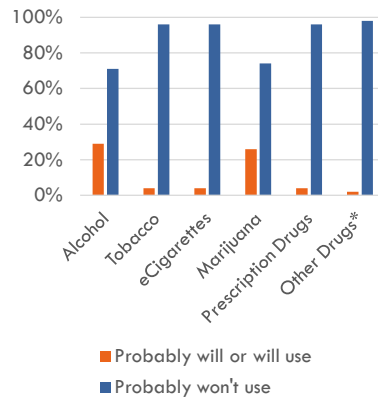
Drug Use & Intent to Use

Have you ever used any of the following substances?



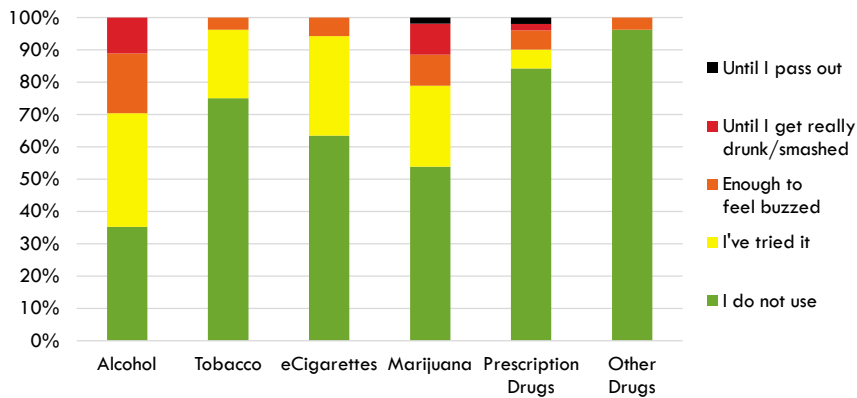
*Other drugs include: cocaine, crack, inhalants, heroin, methamphetamines, ecstasy, molly, LSD, shrooms

In the next 12 months how likely are you to use the following?



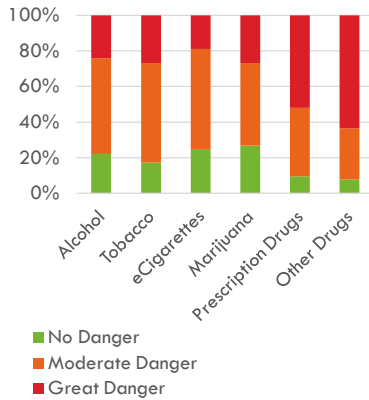
Intensity of Drug Use

How much do you usually use the following?

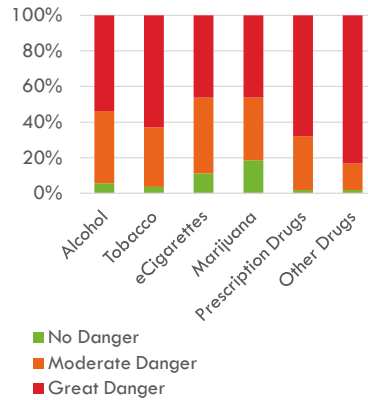


Perceived Risk of Drug Use

Danger in Trying Once or Twice

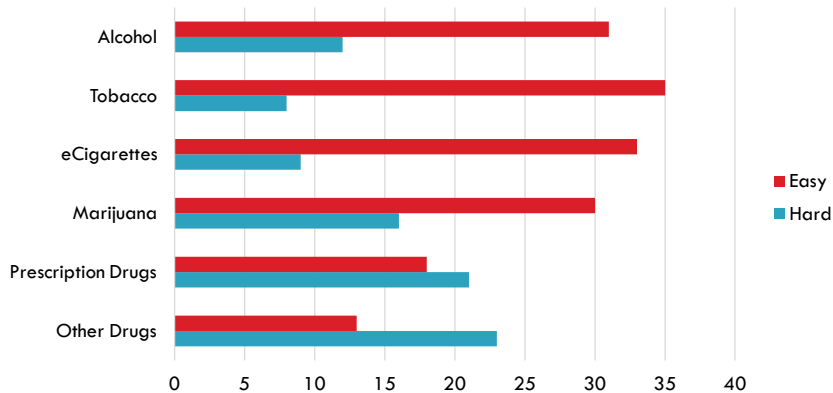


Danger in Using Regularly



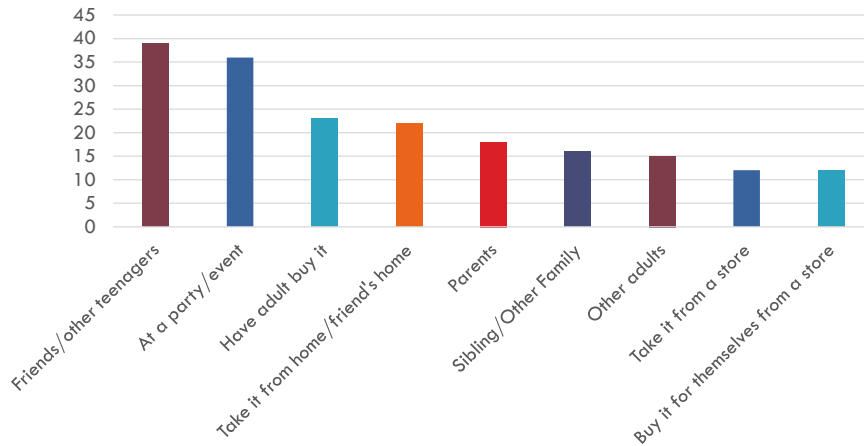
Access to Drugs & Alcohol

How difficult is it to get the following?



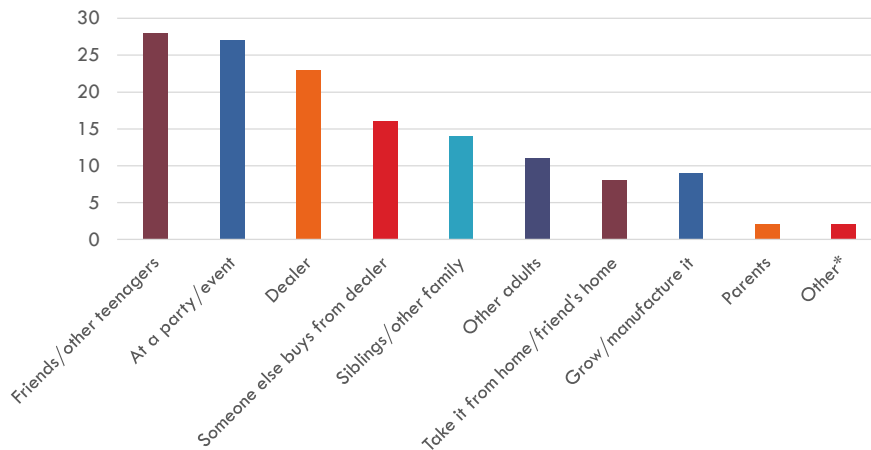
Access to Alcohol

How do most kids your age who drink alcohol usually get it?

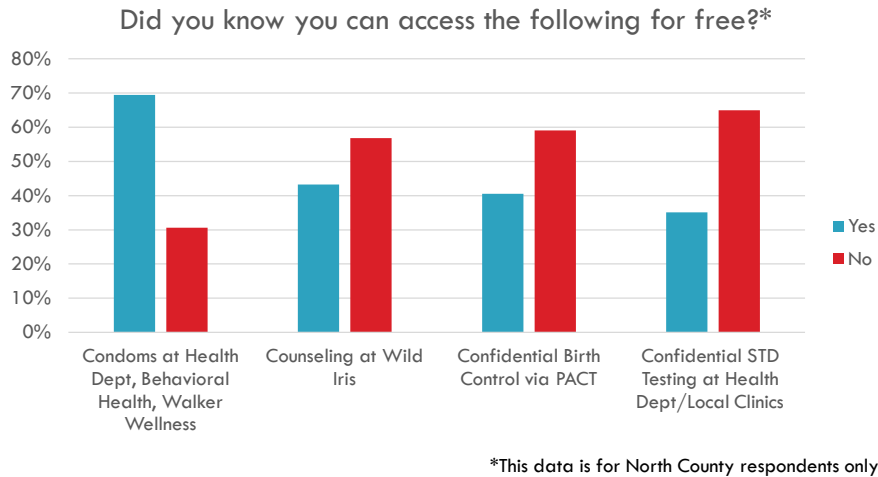


Access to Drugs

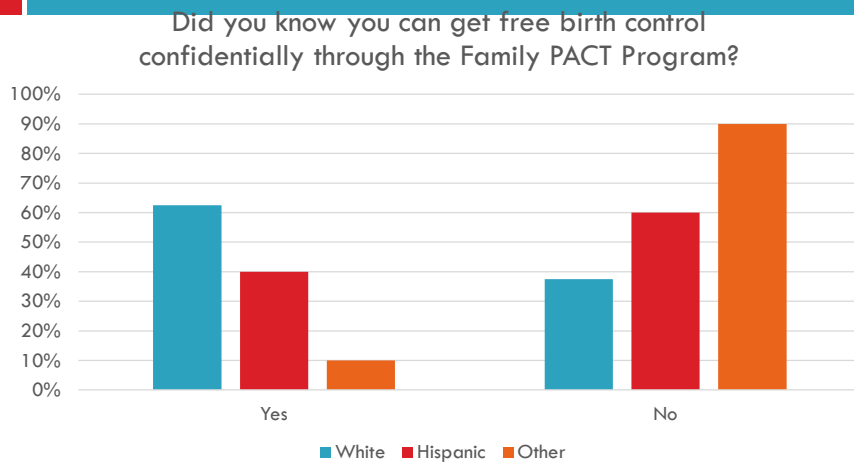
How do most kids your age who use drugs usually get them?



Access to Services

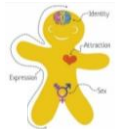


Race/Ethnicity & Access to Services



Conclusions: Sexual Health

- ❑ Critical to start sex education interventions in middle school
- ❑ Local teens are sexting
- ❑ Increase focus on access to services and free resources
- ❑ Normalize STD conversation and testing
- ❑ Raise awareness of long-acting reversible contraceptives (LARC)
- ❑ Limit number of partners and introduce option of returning to abstinence



Conclusions: Alcohol & Drugs

- ❑ While survey participants have tried a variety of substances, they have the lowest risk perception and highest intent to use with alcohol and marijuana.
- ❑ Survey participants believe eCigs are less risky than tobacco.
- ❑ They believe that it is easy to access alcohol, tobacco, eCigs, and marijuana and common sources include friends/other teens, parties/events, adults and dealers.
- ❑ Common reported consequences of substance use: passing out, feeling sad or depressed, damaging a friendship, and having unprotected sex.



Next Steps: In Progress



- Adding Sexual Behavior and Alcohol and Other Drugs Modules to California Healthy Kids Survey in Fall 2015 throughout Mono County.
- Mammoth Middle School is bringing back their 7-8th grade Life Skills program.
- Launching new comprehensive sex ed curriculum at Eastern Sierra Unified School District for all 7-9th graders this fall.
- Collaborating to create a healthier community for our youth.



Questions?

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